



MARCH 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div>Anne Arundel Services:</div> <div><div><div></div><div>BF Classes</div></div><div><div></div><div>BF Support Groups</div></div><div><div></div><div>1-on-1 consults with Breastfeeding Peer Counselor or the Lactation Consultant</div></div></div> <div>For more information:</div> <div>http://www.aahealth.org/pdf/breast-feeding-resources.pdf</div>		1	2 Annapolis Getting Started with Breastfeeding 5 – 6 pm	3 North County Breastfeeding Support Group 9:30 am - 11:30 am	4 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	5	
	6	7	8	9 North County Getting Started with Breastfeeding 5-6 pm	10	11 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	12
	13	14	15	16	17 North County Breastfeeding Support Group 9:30 am - 11:30 am	18 Annapolis Breastfeeding Support Group 9:30 am - 10:30 am Annapolis Getting Started with Breastfeeding 11 am - 12 noon	19
	20	21	22 North County Getting Started with Breastfeeding 10:30 am – 11:30 am	23 North County Getting Started with Breastfeeding 5-6 pm	24	25	26
	27	28	29	30	31		<div>To Contact a Breastfeeding Peer Counselor near you or the Breastfeeding Coordinator: (410) 222-6797</div> <div>For Breastfeeding support: (410) 222-0085 {English} (410) 222-0139 {Spanish}</div>



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3	4	5	6 Annapolis Getting Started with Breastfeeding 5-6 pm	7 North County Breastfeeding Support Group 9:30 am - 11:30 am	8 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	9
10	11	12	13 North County Getting Started with Breastfeeding 5-6 pm	14	15 Annapolis Breastfeeding Support Group 9:30 am - 10:30 am Annapolis Getting Started with Breastfeeding 11 am - 12 noon	16
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22/29	23/30(Memorial Day)	24 North County Getting Started with Breastfeeding 10:30 am – 11:30 am 31	25 North County Getting Started with Breastfeeding 5-6 pm	26	27 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am Annapolis	28